



Federal Guidelines for Proper Disposal of Prescription Drugs

The White House Office of National Drug Control Policy, The Department of Health and Human Services, and the Environmental Protection Agency developed the following guidelines for disposal of unused or expired prescription drugs. By using these guidelines you will be helping to reduce the amount of prescription drugs and protect the environment.

- Remove the unused or expired prescription drugs or over-the-counter medications from their original containers (including those packaged in sealed packages).
- The following two methods can be used to dispose of medications:
 - Put the medications into substances, such as used coffee grounds, kitty litter, etc., and then place them into empty cans or sealable bags. These can then be disposed of in trash cans; or
 - Remove the medications from their original containers and place into plastic bags and deliver them to a safe Prescription Drug Disposal location. In SaddleBrooke they can be taken to the Pinal County Sheriff's Substation on:

Second Friday of each month – 10:00 a.m. to 12:00 p.m. – Staffed by SB TRIAD volunteer

Fourth Tuesday of each month – 2:00 to 4:00 p.m. – Staffed by SB TRIAD volunteer

NOTE: No liquids or sharps, i.e., needles, syringe, etc., can be disposed of at the substation.

- Unused medications can only be flushed down the toilet if the patient information specifically says it is safe to dispose of them in this manner.
- Prior to disposing of the packaging ensure that all identifying information, i.e., name, type of medication, bar code, etc., has been removed from the container. The bar code contains all of the patient information, including name, address, medical coverage, etc.

Mission: Enhancing the quality of life for SaddleBrooke residents by heightening awareness of senior needs through information and education.