

# Health Night Out

*Monday, February 26, 7:00 pm  
MountainView Ballroom*

**Dr. Sarah Sullivan**  
*Medical Director for Stroke Centers,  
Northwest and Oro Valley Hospitals*

**Learn more about preventing, recognizing and minimizing strokes.**

Are you at risk for stroke? It's an important question for everyone because stroke is the leading cause of death and long term disability in America today.

Understanding the risk factors is the first step in helping prevent strokes.

At Health Night Out on February 26, Dr. Sarah Sullivan, board-certified neurologist, will explain the risk factors for strokes and what you can do to minimize them. Dr. Sullivan will also offer guidelines to recognize the signs and symptoms of a stroke.

Dr. Sarah Sullivan is the medical director for the Stroke Centers at Northwest and Oro Valley Hospitals. While she treats any neurological disorder, she has special interest and experience in treating stroke and dementia patients. Her practice is "inpatient" focused as she cares for patients admitted to the hospital.

Dr. Sullivan received her medical degree from the Arizona College of Osteopathic Medicine in Glendale and completed her residency at Garden City Osteopathic Hospital in Michigan (part of the Michigan State University Statewide campus).

Health Night Out is a free educational presentation for residents of SaddleBrooke One and Two and The Preserve and is brought to you by SaddleBrooke Health and Wellness. It offers a unique opportunity to learn from highly skilled local doctors about a wide variety of health issues.

The Mesquite Grill will be open for evening dining before Health Night Out, so you may enjoy dinner there before attending the presentation in the Ballroom at MountainView.

This presentation offers a convenient and easy opportunity to learn more about strokes, a very important health challenge that has wide-ranging impact.